ADCC 2019 - Old Dog BJJ Podcast

	ADCC	IBJJF	EBI
WEIGH IN	Day Before	Before stepping on mat	Day of
TYPE	Trials & Invitations	Open Tournament	Invitation
MATCH LENGTH	10 min. (First 5 min. sub only/ 5 min. sub/pts.) 10 min OT (2 OT max)	10 minutes sub or pts.	10 min sub only (OT sub or fastest esc.)
ATTIRE	Gi, Kimono, Wrestling shoes are optional	GI or No-Gi Brackets	No-Gi

POINT SYSTEM	ADCC	IBJJF
Takedown (guard or 1/2 guard)	2	2
Takedown (pass guard)	4	2
Sweep (guard or 1/2 guard)	2	2
Sweep (pass guard)	4	2
Knee on Belly	2	2
Pass Guard	3	3
Mount	2	4
Back Mount (w/hooks)	3	4

UNIQUE DIFFERENCES IN ADCC SCORING

No positive points for the first half of the match. Can receive "PASSIVITY WARNING" Pulling guard will net a negative point for the athlete.*

Disengaging, backing up, and then avoids engaging again nets a negative point.

Passive fighters will receive two (2) warnings "WARNING PASSIVITY" after which they will net a negative point. No additional warnings after the negative point and will immediately receive a negative point again.

Slams legal ONLY when escaping a submission.

*Voluntarily jumping guard or going from a standing to non-standing position and remaining down for 3 seconds or more.

Weight Class	Pick	Other Notables	Previous Winner
-66 kg	Nicky Ryan (Kennedy has a win over him)	Goe Martinez Kennedy Maciel (Cobrinha's Son)	Rubens Charles "Cobrinha"
-77 kg	Lachlan Giles	JT Torres	JT Torres
-88 kg	Josh Hinger	Craig Jones (BB under Lachlan)	Gordon Ryan
-99 kg	Gordon Ryan	Vinny Magalhaes Keenan Cornelius Dillon Danis	Yuri Simoes
+99 kg	Marcus "Buchecha" Almeida 29 years old W: 133 (70 subs) L: 12 (4 subs)	Yuri Simoes Roberto Cyborg	Marcus "Buchecha" Almeida
-60 kg Female	Beatriz Mesquita	Elvira Karppinen (10th) Beat Dern ADCC 2017 Ffion Davies	Beatriz "Bia" Mesquita
+60 kg Female	Gabi Garcia	Nathiely Jesus Win over Gabi FTW 121 by Ref Decision	Gabi Garcia
SUPERFIGHT	Andre Galvao	Felipe Pena	Galvao (3 in a row)

SUPER FIGHT STATS

Galvao & Pena are 2-2 against each other. All 4 matches have ended by points.

Galvao has the most ADCC super fight wins of all time with 3. (2017, 2015, 2013)

Galvao 155 Wins (73 submissions) 26 Losses (4 Submissions)

Pena 63 Wins (24 submissions) 18 Losses (5 Submissions)

BRIEF HISTORY OF THE ADCC

The competition was created by Sheik Tahnoon Bin Zayed Al Nahyan, the son of the former United Arab Emirates president Sheikh Zayed bin Sultan Al Nahyan, together with his Brazilian Jiu-Jitsu instructor Nelson Monteiro in 1998. With \$70,000 total prize money up for grabs, ADCC attracted the biggest names in grappling and MMA. The event started as an annual tournament held in Abu Dabi, but would eventually move to a two year format that was hosted in various countries that included Brazil, China, Finland, Spain, the UK, and the US.